

# JOIN THE BUENIES

people who love what they do

Buenies are the heart of El Buen, generously volunteering their time and talents to further our mission.

El Buen addresses the physical, social and emotional wellbeing of Latinos to build a healthy, resilient and vibrant community. We do this by offering coordinated medical, literacy, food stability and spiritual services to promote healthy behaviors for the family.

We are striving to become a Patient Centered Medical Home (PCMH) which is a model for delivering coordinated medical and family support services to improve the overall health and wellbeing of our community. As a volunteer, you further our PCMH efforts by working alongside staff to offer quality programs to the community.

We are grateful for your interest in our organization and willingness to join in our work to empower Latino and other families in central Texas.

## Opportunities available:

<b>ESL Instructor or Teaching Assistant</b>	Mon-Fri Mornings · 9:30am - 12:30pm
	Mon-Thu Evenings · 6:30pm - 8:30pm

**One day a week or more** ✨

An individual's level of literacy has a significant impact on their well-being. You can strengthen our community and share the tools of the English language to a classroom of motivated adult learners. (Spanish proficiency not required.)

<b>Youth Mentoring Program</b>	Mon-Thu Afternoons · 4:00pm - 6:00pm
	Mon-Thu Evenings · 6:30pm - 8:30pm

**One day a week or more** ✨

Mentor and motivate students to take school seriously in order to expand opportunities for the future. You can make a lifelong impact on a young student by assisting with homework and studying strategies. You will help students ages 6-14 with homework and improving their grades.

<b>Computer Literacy Instructor or Assistant</b>	Mon-Thu Mornings · 10:30am - 12:30pm
	Mon-Thu Evenings · 6:30pm - 8:30pm

**One day a week or more** ✨

Assist in teaching basic computer knowledge to adults and practice your Spanish. Classes include Computer Basics, Word Basics and Excel Basics. Assisting students one-on-one in completing activities, answering student questions, and helping instructor in keeping track of student attendance.

<b>Food Pantry Assistant</b>	Tue, Wed, Thu · 9:00am - Noon
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**Once per week** ✨

Food insecurities contribute to poor health, help our clients assemble bags of healthy food and recipes for them to take home to their families. (Spanish proficiency helpful)

<b>Community Gardener</b>	Mon, Fri · 8:30am - 11:30am
	3rd Sat of Month · 8:30am - 11:30am

Help families gain access to fresh, healthy produce. Individuals and groups come out to the Huerta Community Garden to assist in a number of activities. Volunteers assist with weeding, watering, pruning, planting, composting, and other basic gardening tasks.

**For additional information, please contact Jessica Villegas  
volunteer@elbuen.org or 512 439 8907**



# EL BUEN SAMARITANO

[elbuen.org/volunteer](http://elbuen.org/volunteer)



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*Thank you!*